

Catechism & Prayers

- 7 Sacraments—Baptism, Confirmation, Eucharist, Penance, Matrimony, Holy Orders, Extreme Unction (Anointing of the Sick)
- 7 Corporal Works of Mercy--feed the hungry, give drink to the thirsty, clothe the naked, shelter the homeless, visit the sick, visit the imprisoned, bury the dead
- 7 Spiritual Works of Mercy--counsel the doubtful, instruct the ignorant, admonish the sinner, comfort the sorrowful, forgive all injuries, bear wrongs patiently, pray for the living and the dead
- 7 Gifts of the Holy Spirit—Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, Fear of the Lord (Note: See Isaias 11:1-3)
- 12 Fruits of the Holy Ghost—Charity, Joy, Peace, Patience, Benignity, Goodness, Longanimity, Mildness, Faith, Modesty, Contineny, Chastity (Note: See Galatians 5:22-25 (three of these are not mentioned in some Greek and Latin manuscripts). The 12 Fruits of the Holy Ghost are the effects of the 7 Gifts of the Holy Ghost.)
- 3 Theological Virtues—Faith, Hope, Charity (Note: Reference I Corinthians 13:13.)
- 4 Cardinal Virtues—Prudence, Justice, Fortitude, Temperance (Note: Reference Wisdom 8:7)
- 10 Commandments--Thou shalt not have other gods besides Me, Thou shalt not take the Name of the Lord thy God in vain, Remember to keep holy the Lord's day, Honor thy father and thy mother, Thou shalt not murder, Thou shalt not commit adultery, Thou shalt not steal, Thou shalt not bear false witness against thy neighbor, Thou shalt not covet thy neighbor's wife, Thou shalt not covet thy neighbor's goods (Note: Reference Exodus 20 and Exodus 34 and Deuteronomy 5:6-21)
- 3 Conditions for a Mortal Sin--Grave matter, Full knowledge, Deliberate consent
- 7 Capital Sins & Opposite Virtues—Pride...Humility, Greed...Liberality, Lust...Chastity, Anger...Meekness, Gluttony...Temperance, Envy...Brotherly Love, Sloth...Diligence
- 6 Sins Against the Holy Spirit—Presumption, Despair, Resisting the known truth, Envy of another's spiritual good, Obstnacy in sin, Final impenitence
- 4 Sins that Cry Out to Heaven--Willful murder, The sin of Sodom, Oppression of the poor, Defrauding laborers of their wages
- 2 Greatest Commandments--To love the Lord thy God with all thy heart, soul, mind and strength, To love thy neighbor as thyself. (Note: Reference Mark 12:30-31)

□ 6 Precepts of the Church--To go to Mass and refrain from servile work on Sundays and holy days, To go to Confession at least once a year (traditionally done during Lent), To receive the Eucharist at least once a year, during the Easter Season (known as the "Easter duty"), To observe the days of fasting and abstinence, To help to provide for the needs of the Church according to one's abilities and station in life, To obey the marriage laws of the Church

□ 8 Beattitudes—Blessed are the poor in spirit: for theirs is the Kingdom of Heaven. Blessed are the meek: for they shall possess the land. Blessed are they who mourn: for they shall be comforted. Blessed are they that hunger and thirst after justice: for they shall have their fill. Blessed are the merciful: for they shall obtain mercy. Blessed are the clean of heart: for they shall see God. Blessed are the peacemakers: for they shall be called children of God. Blessed are they that suffer persecution for justice' sake, for theirs is the Kingdom of Heaven. (Note: Reference Matthew 5:3-10)

□ 14 Stations of the Cross--Jesus is Condemned to Die, Jesus is Made to Bear His Cross, Jesus Falls the First Time, Jesus Meets His Mother, Simon Helps Jesus Carry His Cross, Veronica Wipes Jesus' Face, Jesus Falls the Second Time, Jesus Meets the Women of Jerusalem, Jesus Falls the Third Time, Jesus is Stripped, Jesus is Nailed to the Cross, Jesus Dies on the Cross, Jesus is Taken Down from the Cross, Jesus is Laid in the Tomb

□ 7 Sorrows of the Blessed Virgin Mary--

The Prophecy of Simeon (Luke 2:33-35)

The Flight into Egypt (Matthew 3: 13-15)

The Loss of Jesus in the Temple (Luke 2:41-52)

The Meeting of Jesus and Mary on the Way of the Cross (John 19:17)

The Crucifixion (John 19:25-30)

The Taking Down of the Body of Jesus from the Cross (John 19: 31-37)

Jesus laid in the Tomb (John 19:38-42)

Our Father--Our Father, Who art in Heaven, hallowed be Thy name; Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary--Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be (Doxology)-- Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Prayer Before Meals--Bless us, O Lord, and these, Thy gifts, which we are about to receive from Thy bounty. Through Christ, our Lord. Amen.

Prayer After Meals--We give Thee thanks for all Thy benefits, O Almighty God, who livest and reignest world without end. Amen. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.