Bible Quotes: Rest in the Bible

**Genesis 2:3**…So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

**Exodus 23:12**…Six days you shall do your work, but on the seventh day you shall rest; that your ox and your donkey may have rest, and the son of your servant woman, and the alien, may be refreshed.

**Exodus 33:14**…And he said, “My presence will go with you, and I will give you rest.”

**Exodus 34:21**…Six days you shall work, but on the seventh day you shall rest. In plowing time and in harvest you shall rest.

**Leviticus 23**

**Deuteronomy 33:12**…Of Benjamin he said, “The beloved of the Lord dwells in safety. The High God surrounds him all day long, and dwells between his shoulders.”

**1 Chronicles 22:9**…Behold, a son shall be born to you who shall be a man of rest. I will give him rest from all his surrounding enemies. For his name shall be Solomon, and I will give peace and quiet to Israel in his days.

**Psalm 4:8**…In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.

**Psalm 23**

**Psalm 37:7**…Be still before the Lord and wait patiently for him; fret not yourself over the one who prospers in his way, over the man who carries out evil devices!

**Psalm 46:10**…“Be still, and know that I am God. I will be exalted among the nations, I will be exalted in the earth!”

**Psalm 62:1**…For God alone my soul waits in silence; from him comes my salvation.

**Psalm 91**

**Psalm 94:12-14**…Blessed is the man whom you discipline, O Lord, and whom you teach out of your law, to give him rest from days of trouble, until a pit is dug for the wicked. For the Lord will not forsake his people; he will not abandon his heritage;

**Psalm 127:2**…It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep.

**Proverbs 3:24**…If you lie down, you will not be afraid; when you lie down, your sleep will be sweet.

**Ecclesiastes 4:6**…Better is a handful of quietness than two hands full of toil and a striving after wind.

**Ecclesiastes 5:12**…Sweet is the sleep of a laborer, whether he eats little or much, but the full stomach of the rich will not let him sleep.

**Isaiah 30:15**…For thus said the Lord God, the Holy One of Israel, “In returning and rest you shall be saved; in quietness and in trust shall be your strength.” But you were unwilling,

**Isaiah 32:17**…And the effect of righteousness will be peace, and the result of righteousness, quietness and trust forever.

**Isaiah 40:29-31**… He gives power to the faint, and to him who has no might he increases strength. 30 Even youths shall faint and be weary, and young men shall fall exhausted; 31 but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

**Isaiah 57:20-21**…But the wicked are like the tossing sea; for it cannot be quiet, and its waters toss up mire and dirt. There is no peace,” says my God, “for the wicked.”

**Jeremiah 31:25**…For I will satisfy the weary soul, and every languishing soul I will replenish.

**Matthew 8:24**…And behold, there arose a great storm on the sea, so that the boat was being swamped by the waves; but he was asleep.

**Matthew 11:28-30**…Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

**Mark 2:27-28**…And he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is lord even of the Sabbath.

**Mark 6:31-32**…And he said to them, “Come away by yourselves to a desolate place and rest a while.” For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a desolate place by themselves.

**Philippians 4:6**…Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

**2 Thessalonians 1:5-7**…This is evidence of the righteous judgment of God, that you may be considered worthy of the kingdom of God, for which you are also suffering-- 6 since indeed God considers it just to repay with affliction those who afflict you, 7 and to grant relief to you who are afflicted as well as to us, when the Lord Jesus is revealed from heaven with his mighty angels

**Hebrews 4:9-11**…So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his. Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.

**Hebrews 12:3**…Consider him who endured from sinners such hostility against himself, so that you may not grow weary or fainthearted.